



Riverside County Suicide Prevention Coalition
Prevention Sub-committee

Wednesday, January 20, 2021

Minutes

In Attendance: (14)

Chair: Stephanie Lasseigne, IEHP
Chair: Tishani Finnikin, IEHP
Liaison: Andrea Deaton, RUHS-BH
Admin Support: Katie Vazquez, RUHS-BH
Angel Fajardo, Inland Empire Immigrant Youth Collective
Carina Gustafsson, RUHS-BH
Carlos Carrio, Moreno Valley College
Cynthia Hwang, RUHS-BH-SAPT
Lynnette Navarro-Sullivan, Moreno Valley College
Maria Martha Moreno, RUHS-BH
Nicole Boettger, Voices for Children
Nicole Watson, Operation SafeHouse
Rosalva Campos, City of Indio
Rosie Flores, RUHS-BH-SAPT

Absent: (16)

Alejandra Perez, TrueCare
Alexxis Acosta, IEHP
Angelina Coe, Shelter From the Storm
Benita Ramsey, BRMG
Charlene Younggren
Erika Munoz, YHIP Program
Estee Song, APCTC
Jason Ordonio, Rainbow Pride Youth Alliance
Julisa Alvizo-Silva, Public Health- Injury Prevention
Kami Winston, RUHS-BH-SAPT
Linda Hart, African American Mental Health Coalition
Lisa McConnell, Sheriff's Department
Lisa Roybal, VA Loma Linda
Melissa Vasquez, County of Riverside
Michelle Martinez, VA Loma Linda - Suicide Prevention Team
Rainbow Marler, Operation SafeHouse



- I. **Introductions**
 - Each member in attendance briefly introduced themselves; first and last name and the organization/agency they currently work with.
 - Welcome to new members; Carlos Carrio and Rosie Flores
- II. **Discussion of Suicide Prevention Coalition - Prevention Trainings Sub-committee's Goal**
 - Increase detection and screening to connect people to services based on suicide risk.
 - Trainings to increase effectiveness of suicide risk screenings, assessments, and trauma –informed practices.
 - Trainings to support identification and intervention to effective care.
- III. **Review from Previous Meeting**
 - Suicide Prevention Coalition - Prevention Sub-committee has split into two separate work groups. One being this committee that is Trainings and the other Engaging Schools.
 - Discussion pertaining to what the committee would like to explore. Discussion lead into providing resources that would be accessible to all that would increase personal and external knowledge in suicide prevention and bring suicide awareness overall.
- IV. **Suicide Prevention Trainings Available**
 - Discussion on available Suicide Prevention trainings; review list on agenda
 - If you have not already attended PEI's trainings, registration is required and they are FREE to anyone who works or lives in Riverside County. Please visit Eventbrite for more details: <https://ruhs-bh-pei.eventbrite.com/>
 - In-person trainings are currently not approved however, Katie will email the committee comparison flyers for ASIST, safeTALK, Mental Health First Aid for Youth and Adults. Keep this information available for when gatekeeper trainings are approved to resume in-person; training schedule will be emailed to committee members when PEI has trainings on calendar.
 - If you know of any trainings that were not discussed, please email the information to Katie by February 11, 2021; information gathered will be shared with at our next meeting.
- V. **Suicide Signs Discussion**
 - Feedback on member's knowledge of signs of suicide
 - Members shared how they became aware of the signs/topic of suicide
 - Training and education was determined to be the most shared experience
 - Ideas shared about how awareness can be shared with the community
- VI. **Plan of Action**
 - Identify prevention strategies to assist getting our community members trained and educated about suicide prevention.
 - Research how to acquire/create an environmental scan to identify individuals most vulnerable
 - Examples: Domestic violence victims, Woman's shelter, LGBTQ+, Homeless shelters, Parents/Families



VII. Invitation to join future meetings

- If you know anyone who would like to join the Prevention sub-committee or the Suicide Prevention Coalition, please have them email Melissa Jacks (MJacks@ruhealth.org) and she will reach out to them as well as placing them on the email distribution list.
- Faith-based representation was noted to be missing from the sub-committee; members will reach out and invite faith-based leaders to join upcoming meetings.

VIII. Next Meeting

- Wednesday, February 17, 2021 from 3:00 p.m. – 4:30 p.m.