



Riverside County Suicide Prevention Coalition **Engaging Schools Meeting Minutes**

3/1/2022

3:00PM – 4:30PM

Attendees:

Andrea Deaton
Mirna Gomez
Petra De La Cruz
Matthew Fraley
Kathleen Sarmiento
Monique Cortez
Cherlylyn Klemens
Nicole Watson

I. Welcome

- Those who were present made self-introductions.
- The committee welcomed guest presenter Monique Cortez

II. Teen Suicide Awareness Prevention Program (TSAPP) Presentation

- Monique Cortez presented to the committee about the services offered by TSAPP
- She shared the work/events that they have been putting on for schools
- If anyone has any questions about TSAPP they can contact Monique Cortez, her contact information was provided in the chat to those present.

III. Discussion

- Dr Sarmiento – mentioned how programs like TSAPP have a lot of value for the students especially in informing about suicide prevention. She shared about one instance in which TSAP held a very informative training for high school students after it was noticed that one club in particular at Ramona High School had more suicide assessments than others did.
- The committee discussed how a lot of assessments or suicide attempts often times go unnoticed by the school administration and this makes it hard to know the real data of what is happening in the schools.
- Matt and Dr Sarmiento will work on a list of different resources that the schools can possibly use for their wellness weeks and send it to Andrea for review.
- Once the list is finalized and reviewed Mirna will send the list of resources out to the committee members

- Andrea reminded everyone that we should encourage schools/students to participate in the Directing Change monthly prompts and to join the art contest held by RCOE
- Mirna will speak to leadership about having more promotion opportunities for the subcommittee for example social media posts and flyers that can be shared on personal social media accounts.

IV. Next meeting

- April 5, 2022