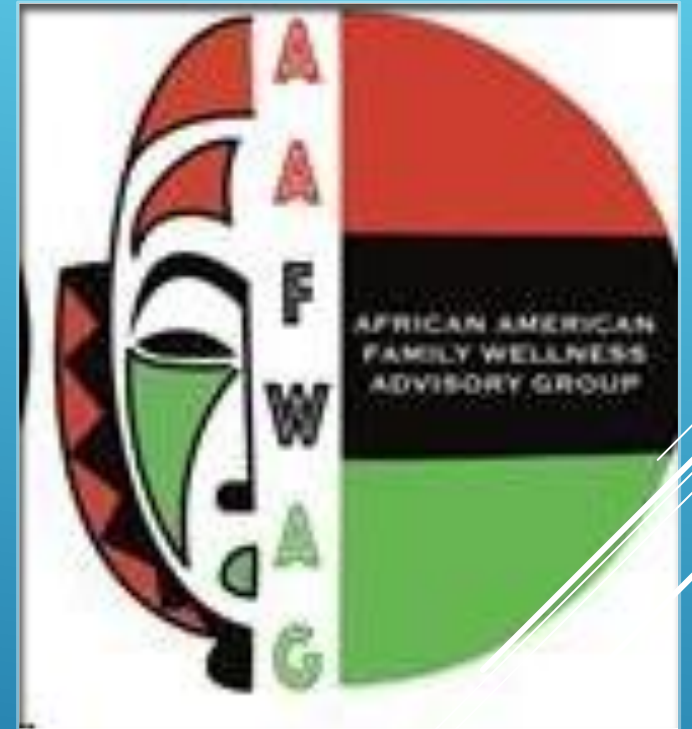


Our mission is to increase the awareness and the seeking of culturally competent mental health services within Black/African American communities. Through education and outreach, we seek to increase participation and collaboration between providers, practitioners, individuals, community, and faith-based organizations to ensure access to the resources needed to thrive.



AFRICAN AMERICAN FAMILY WELLNESS ADVISORY GROUP 2024 ANNUAL SUMMARY HIGHLIGHTS



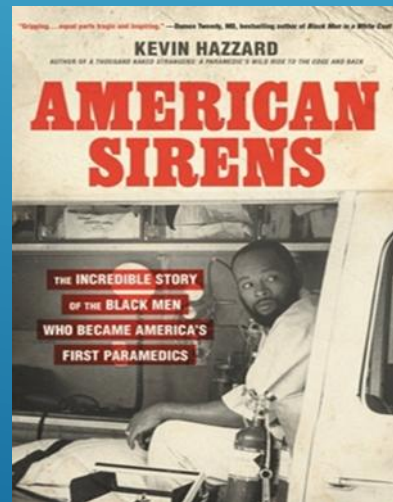
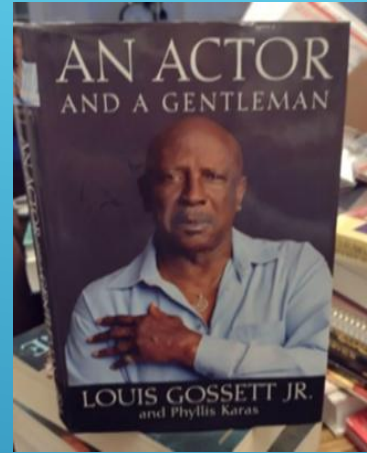
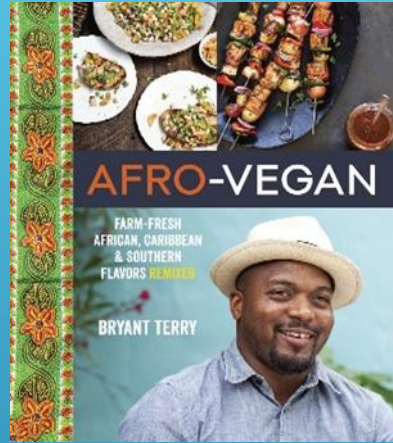
GOAL FOR 2024 CULTIVATING SYNERGY

The combined power of two or more organizations..... when they are working together that is greater than the total power achieved by each working separately.

Team work at its best results in a synergy that can be very productive.



BLACK HISTORY MOMENTS



Important historical events or historical contributions made by people of African heritage

“CULTIVATING SYNERGY”

- ▶ *RUHS-BH Family Advocate Program-Forensics (Ingrid Butler & Willard Wynn)*
- ▶ *Black Fatherhood Program (Larry Butler)*
- ▶ *RUHS-PH Black Infant Program (Keiyana Carter)*
- ▶ *Thrive Inland SoCal (Fatima Nelson)*
- ▶ *IRC PEARLS Program (Joel Hernandez)*
- ▶ *Advocates for African American Elders (Karen Lincoln)*
- ▶ *Heritage Health Network (Cameron Stewart)*
- ▶ *Jessie O. Center (Jarvis Crawford)*
- ▶ *Armani Project/Black Maternal Mental Health (Dr. Teri Davis)*
- ▶ *RUHS-BH PEI Suicide Awareness (Myeshia Bobo)*
- ▶ *RUHS Medical Center (Patrick Hogue)*
- ▶ *Starting Over Inc. (Melinda Johnson)*
- ▶ *The Happier Life Project (Dewayne Newman)*



BROTHER2BROTHER

<p>Sessions Topics</p> <ul style="list-style-type: none"> 11/2/2024 Forgiveness and Mental Health 8901 Maronda Ave Riverside, CA 92503 12/4/2024 Financial Literacy 499 S. Palm Canyon Drive, Palm Springs, CA 92262 1/4/2025 Spirituality & Values Systems 3933 Mission Inn Avenue, Suite 102 Riverside, CA 92503 		<p>Fellowship Results</p> <ul style="list-style-type: none"> Peer-to-Peer Support Networking Opportunities 12pm - 12:30pm Information, Resources and Tools
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FELLOWSHIP PROGRAM

Get ready to connect with other brothers and discover ways to improve your overall well-being. Don't miss out on this opportunity to invest in yourself and your health.

- ▶ **Building Resilient Communities**
- ▶ African American Health Equity Collaborative (AAHEC)
- ▶ Brother2Brother Program



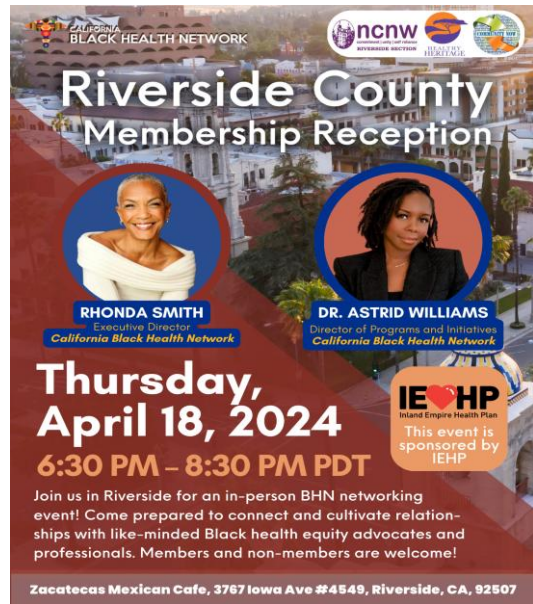
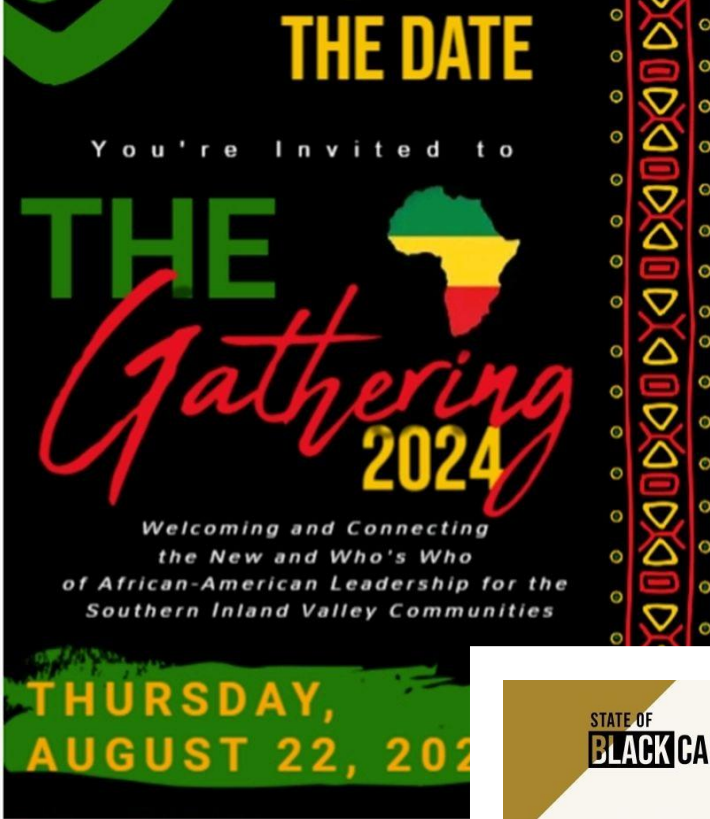
CULTIVATING
PARTNERSHIPS



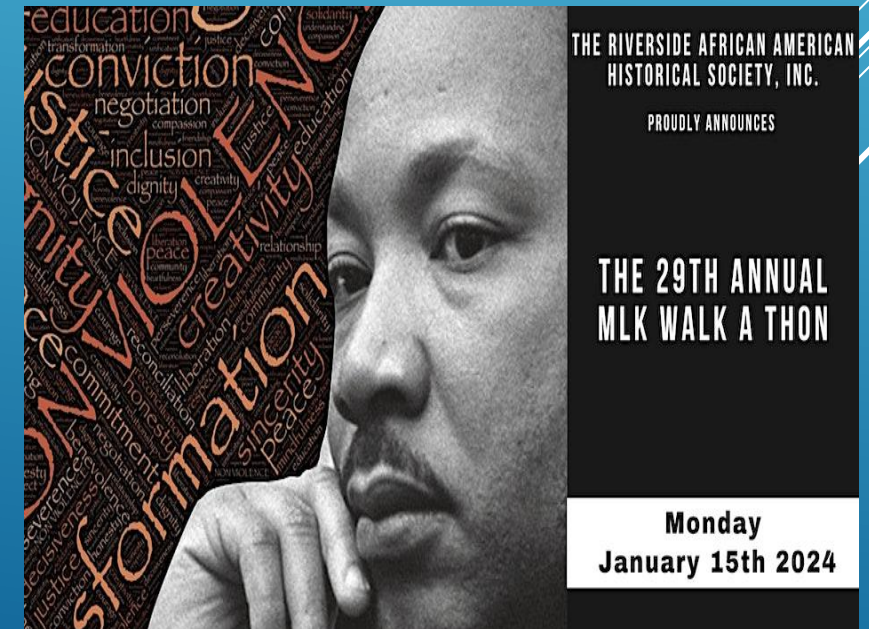
NATIONAL SYNERGY

- ▶ NAACP 37th Annual Convention
 - ▶ **National Health Leads Forum**
- ▶ NCNW 61st National Convention
 - ▶ **Good Health Wins**





CULTIVATING SYNERGY THROUGH STATE, LOCAL & CIVIC ENGAGEMENTS



JUNETEENTH MIXER



Moderator:
L. Lambert, BSB -
Community Liaison



CULTIVATING SYNERGY - REDUCING THE SILO MENTALITY

JUNE 19, 2024 5:30 PM - 8:30 PM

"PANEL DISCUSSION - THE SYNERGY OF JUNETEENTH"

Experience the Thrive Data Gallery Walk



L. Lambert, BSB -
Community Liaison



Melanie Lindsay, Ph.D. -
Assistant Professor of
Ethnic Studies



Pastor Harold Webber, UMFT -
Living Way
Christian Fellowship



David Layne,
Founder & Mentor - Big City Studios



Natasha McPherson, Ph.D. -
Assistant Professor of History
at UC Riverside



Living Way Christian Fellowship
12125 Day Street #U101
Moreno Valley, Ca.



AAFWAG Juneteenth Mixer

- ▶ Panelist addressed historical barriers, stigma, and mistrust of the behavioral health system
- ▶ Capacity building with community-based organizations and stakeholders
- ▶ Community survey and feedback



BLACK WOMEN'S HEALTH SUMMIT

CELEBRATING WOMEN'S HISTORY MONTH

FREE FAMILY EVENT! GOSPEL FEST, STUDENT AND COMMUNITY AWARDS, MENTAL HEALTH AND COMMUNITY RESOURCES, VENDORS, FOOD, MUSIC, PERFORMANCES, CHILDREN ACTIVITIES AND MUCH MORE

PEACE & UNITY WALK STARTS 9:30AM

PERRIS CITY HALL FRONT LAWN
101 N D STREET, PERRIS, CA
FEBRUARY 17, 2024
10AM- 4PM FOR MORE INFORMATION CONTACT REGINA
(951)400-5205 OR EMAIL PVAHC21@GMAIL.COM

Black Maternal Health Week Family Fest

- > Free Breakfast & Lunch
- > Fun Family Activities
- > Self-Care Activities
- > Fun Prizes
- > Resource Fair and more!



SEABORN RANCH

IN COLLABORATION WITH
AAFWAG - RIVERSIDE UNIVERSITY HEALTH SYSTEM
DATA DRIVEN EDUCATORS - HOPE 4 TOMORROW NOW



PRESENTS Equine Assisted Mental Health Day

SPEND A FUN-FILLED AND RELAXING DAY AT THE RANCH
FARM ANIMALS, FOOD FOR PURCHASE, JUMPER,
MUSIC, RAFFLES, VENDORS, AND MORE

13 JULY 2024 | 3 P.M. - 8 P.M.

SEABORN RANCH 9325 PEORIA LN MORENO VALLEY, CA.

Bring your lounge chairs and come join us in support of our Mental Health Day at the ranch
For vendor information, please call (951) 545-2397 or (626) 244-1984

 THE CALIFORNIA ASSOCIATION FOR COMMUNITY
ENGAGEMENT AND WELLNESS SERVICES
The Amani
Maternal Mental Health Project 

A Doula/Therapy
Voucher Program for
Black Women & Mothers

 Get connected to
professional Doulas and
female therapists of color

 Addressing mental health
and coping in Black Women
& Mothers

JOIN US!
THE ALBERT A. CHATIGNY
SENIOR COMMUNITY CENTER
1310 OAK VALLEY PKWY
BEAUMONT, CA 92223

For more information
contact Dr. Teri Davis
(626) 629-8608
teridavisphdegmail.com

 Register
Here

*Embracing Strength
and Resilience Through Time!*



"A meaningful forum designed to address the unique challenges
African American Women face as we Age"

 Keynote: Cheryl Brown
Former Chair of the
Assembly Aging and Long-Term
Care Committee

 Carolee Davis
Survivor Aging with
Grace & Dignity

 Dr. Deanna Benson
UNC Family Caregiver
Support Center

 Shari Dancy
Community Now

*Saturday, October 26
11 am to 2 pm*

 Sun Lakes Country Club - 545 Twin Hills Drive - Gate #2
Banning, California 92220

BlackAmericaResourceDirectory.com is excited for the opportunity to be partnering with
African Heritage Connection Club (AHCC), African American Family Wellness Advisory Group
(AAFWAG) and ANT Consulting. Together we are bringing awareness on the impact of aging
and the effects it has on African American Women.

BlackAmericaResourceDirectory.com

 **BLACK AMERICA
RESOURCE DIRECTORY**

Office:
951-243-3797

Our Own Village presents:



Sept 29th
2-4:30pm

**Synergize & Flourish:
Nurturing Minds and Cultivating Community**

Join us for our end of summer wellness party,
where we will discuss how we build resilience
and synergy in our community.

- ✓ Planting Roots Gardening exercise
- ✓ \$5 Hip Hop and R&B Bingo
- ✓ Free Food and Drinks
- ✓ Silent Auction

 **Temecula CRC**
Next to Ronald Reagan Park
30875 Rancho Vista Rd,
Temecula, CA 92592

 **Sponsored By**

Mental Health Resources Provided

 (951) 215-6165  www.ourownvillage.org

CULTIVATING SYNERGY THROUGH SPONSORSHIP SUPPORT

AAFWAG SUB-COMMITTEE IN-PERSON & HYBRID MEETING

08.21.2024

10 - 11:30 AM

2085 Rustin Ave, Riverside, CA 92507
Conference Room #1048



OUR SPEAKERS



DIANA GUTIERREZ
PEI Manager
Speaker



HAZEL LAMBERT
AAFWAG Chair
Facilitator

PROJECT UPDATE

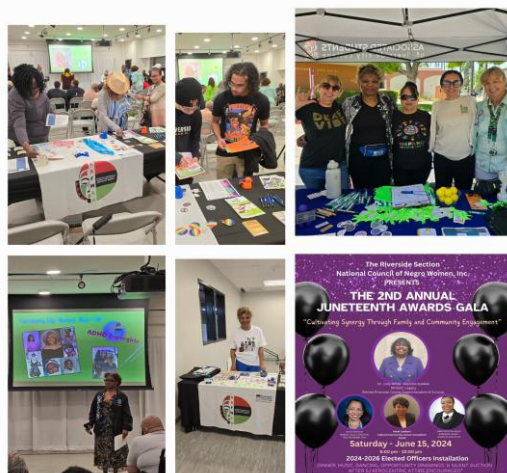
Building Resilience in African American Families (BRAAF)

For Hybrid Option (Microsoft Teams): [Join the meeting now](#)



STAKEHOLDERS MEETING – BRAAF PROJECT UPDATE

COMMUNITY OUTREACH ACTIVITIES



SUPPORTING MENTAL HEALTH PROFESSIONALS IN THE COMMUNITY

Black American Inland Empire Mental Health Professionals

When choosing a therapist, look for someone who is professional, open-minded, flexible, and who makes you feel understood and validated as a Black American.

Name	Contact	City
Dr. Akin Merino	909-451-8411	Ontario
Martinez Ivan Sellers	951-208-6220	Ontario
Dr. Eugene R. Furnace	888-494-5738	Ontario
Tanisha Simpson	909-551-4560	Ontario
Patrice N. Douglas	909-345-2180	Rancho Cucamonga
Dr. Shanda Y. Smith	951-468-3053	Riverside
Dr. Ina J. Creekbaum	909-473-4121	Riverside
Dr. Lori Barker	909-918-6910	Riverside
Dr. Chyneltha Cook, PsyD	951-221-4655	Riverside
Dr. Tanika Gayle	951-878-0665	Riverside
Ilese Buchanan	951-319-2561	Riverside
John Lawrence Bowers	951-801-5010	Riverside
Eleasha Tatum	951-543-4187	Riverside
Shavonne Walls	951-398-3137	Riverside
Venessa M. Harewood	951-363-2606	Corona
Dr. Mark A. Williams	909-351-3086	Redlands
Dr. Jessica Williams	951-363-2628	Moreno Valley
Dr. Janiel L. Henry	909-603-9300	Claremont
Lilena Walker	909-890-4466	San Bernardino
Tierra Patterson	909-681-8602	Redlands
Dr. Taisha Caldwell-Harvey	510-250-2805	(Virtual)
Johnathan G. Beaugard	951-433-1985	San Bernardino
Naomi Joyce	909-757-0330	San Bernardino





CELEBRATING KWANZAA

AAFWAG Community Needs Survey
Your Voice Matters: We need your voice to help transform mental health services in the African American Community



The combined efforts of community input are essential to ensuring mental health services are more effective, sustainable, culturally relevant, and impactful.


Please complete our survey and help us empower our community by scanning the QR code or clicking the link [here](#)



As in-depth discussion on brain and mental health as we age. Do you find yourself worrying about what the future holds for you to the point you aren't sleeping at night?

What's Really Going on? Let's Talk About It!


BLACK AMERICA RESOURCE DIRECTORY
BLACK HISTORY MONTH



What's Really Going On? – Let's Talk About It! is more than just an event—it's a movement to ensure that aging African Americans receive the care and dignity they deserve. By focusing on education, collaboration, and culturally competent care, we can dismantle the barriers that have kept so many from seeking help. This event is a step in our ongoing commitment to addressing the unique challenges of aging within the Black community and how it impacts brain and mental health challenges.

Saturday, February 22, 2025
 10 am-2pm
 Sun Lakes Country Club
 South Club House – 5925 Myrtle Beach
 Banning, California 92220
 (Lunch will be served)

Click link to register




UCI CENTER FOR ENVIRONMENTAL HEALTH DISPARITIES RESEARCH
In Collaboration with African American Family Wellness Advisory Group

Conversation Café

JOIN THE CONVERSATION: WE NEED YOU TO SHAPE THE FUTURE OF RESEARCH IN BLACK COMMUNITIES

Our expert-led Conversation Café will provide hands-on learning about Citizen Panels, practical insights on Community Equity Boards, and a valuable opportunity to participate in research.

Wednesday, May 14, 2025
 10AM-12PM
Victoria Manor Apartments
 4660 Victoria Ave.
 Riverside, CA 92507

Conversation Moderator
 Karen D. Lincoln, PhD, MSW, MA, FGS
 Professor, Joe C. Wen School of Population & Public Health

CONTINENTAL BREAKFAST COMPREHENSIVE LEARNING DATA WALK RESEARCH OPPORTUNITIES

REGISTRATION REQUIRED
 Call or Scan QR Code to Register:
 (949) 824-8408



UCIrvine
 Center for Environmental Health Disparities Research

UCIrvine
 Joe C. Wen School of Population & Public Health



Save the Date!

3RD ANNUAL COMMUNITY SERVICE & RECOGNITION CEREMONY

We are honoring the ripple effect of community collaboration!

JUNETEENTH

You are cordially invited to join the African American Family Wellness Advisory Group
June 19, 2025 6:00 - 9:00 pm

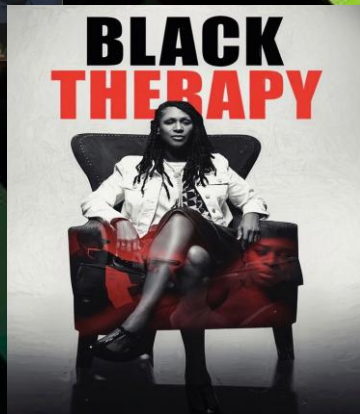
CONTACT US
 (949) 743-4080
www.rchdhealth.org
aaafwag@ucirvine.edu



THE YEAR OF THE RIPPLE EFFECTS

A A F W A G

African American Family Wellness Advisory Group



Hazel Lambert
Community Liaison



**YOUR VOICE MATTERS
DEFINING BLACK MENTAL HEALTH
DECREASING STIGMAS &
ENGAGING IN THE CONVERSATION
ABOUT BLACKS AND MENTAL WELLNESS**

EMPOWERING-ACCESSIBILITY-RESILIENCE



Join Us : 3rd Wednesdays 10-11:30 am Via ZOOM