



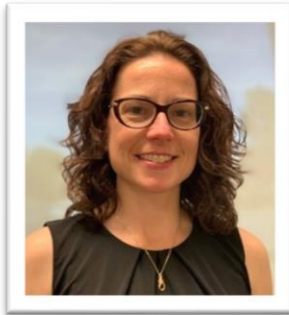
# **Suicide Prevention Coalition Quarterly Meeting**

## **January 22, 2025**

# Welcome!



## Coalition Leadership Team



**Diana Gutierrez**  
RUHS – Behavioral Health  
Prevention and Early  
Intervention  
Administrative Services Manager



**Rebecca Antillon**  
RUHS – Public Health  
Injury Prevention Services  
Program Director

# Agenda



- I. Suicide Prevention Coalition Overview
- II. Presenter Briana Green, “ An Integrated Approach to Veteran Care: Addressing Mental and Social Needs of our Veterans.”
- III. Panel Discission
- IV. Q&A
- V. Closing & Announcements

# Our Beliefs

- Suicide is often preventable with the right knowledge and skills.
- Everyone can play a role in suicide prevention, regardless of background or experience.



# Vision Statement

*Working collaboratively in Riverside County to eliminate suicide deaths and suicide attempts and increase resources and supports.*





# Sub-Committees and Co-Chairs

## Upstream



Kimberly Jow,  
MPH CHES



## Leadership



Diana Gutierrez,  
MS LMFT LPCC



Rebecca Antillon

## Effective Messaging & Communications



Robert Youssef



Kerri Mabey

## Higher Education



Lynnette Sullivan  
DSW, LMFT, LPCC



Dr. Sarah  
Sawaf,  
DSW, MSW

## Engaging Schools



Denise Granger  
May  
LPCC



Neha Shahpatel DMFT,



Dr. Hillary  
May

## Trainings



Andrea  
Deaton,  
LMFT



Melinda  
McFarland,  
LMFT

## Intervention



Kelly Smith



Briana Green

## Postvention



Brenda Scott



Jenn Carson, DSW

## Measuring & Sharing Outcomes



Lily Gallegos



Krystal Silguero



Suzanna  
Juarez-Williamson

## Overarching Strategic Approaches

### Building Infrastructure & Support

**Goal: Enhance visible leadership and networked partnerships**

- Identify leaders to champion suicide prevention.
- Create a formal coalition.

### Effective Messaging & Communications

**Goal: Increase safe reporting of suicide and healthy social media use**

- Partner with members of media to provide information about resources.
- Integrate best practices into public campaigns.
- Communication strategies for suicide loss.

### Measuring & Sharing Outcomes

**Goal: Advance data monitoring and evaluation**

- Partner with coroners and medical examiners to develop a method for accessing data to improve suicide prevention strategies.

## Suicidal Crisis Path



### Trainings

**Goal: Increase detection and screening to connect people to services based on suicide risk**

- Trainings to increase effectiveness of suicide risk screenings, assessments and trauma-informed practices.
- Trainings to support identification and intervention to effective care.

### Engaging Schools

**Goal: Standardize policies and curriculum to promote connectedness and address suicide risk**

- Implement programs that foster social emotional growth.
- Develop and implement standardized suicide risk assessment tools and prevention plans.
- Assist schools with the implementation of trauma-informed practices.

### Higher Education

**Goal: Standardize policies and curriculum to promote connectedness and address suicide risk**

- Increase education and awareness regarding mental illness and suicide amongst college students and staff.
- Assist schools with the implementation of trauma-informed.
- Promote increased help-seeking behaviors among college youth.

### Intervention

**Goal: Deliver best practices in care targeting suicide risk**

- Provide information to caregivers and family members on how they can support a person at risk and help plan for safety.

**Goal: Create safe environments by reducing access to lethal means**

- Implement activities to reduce access to lethal means for individuals thinking about suicide.

**Goal: Deliver a continuum of crisis services across the county**

- Evaluate crisis services to identify gaps and potential funding sources.
- Increase awareness and utilization of crisis services.

**Goal: Ensure continuity of care and follow-up after suicide-related services**

- Facilitate safe, timely and effective transitions to ongoing care.

### Postvention Services

**Goal: Expand support and services following a suicide loss**

- Expand support services for survivors of suicide loss.
- Enter into MOUs with coroners and medical examiners to coordinate responses following a suicide loss.

### Upstream

**Goal: Increase connectedness between people, family members, and community**

- Increase services focused on fostering a sense of belonging.
- Promote a culture free of stigma and discrimination.

**Goal: Increase resiliency and help-seeking**

- Integrate activities into community-based services that increase life skills.
- Expand services to increase help-seeking behaviors and promote messages of resiliency, recovery and hope.





# Briana Green

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CEPC-Community Engagement and Partnerships Coordinator  
VA Desert Pacific Healthcare Network





# Panel Discussion

**Alex Trujillo**- Community Engagement and Partnerships Coordinator

**Raymond Espinoza**- Vocational Development Specialist



**Q&A**



# Learning Opportunities

- Know the Signs (2 hours)
- *safeTALK* (3-4 hours)
- ASIST (Applied Suicide Intervention Skills Training) (2 full days)



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(951) 955-3448



# SAVE the DATE

**Wednesday April 23, 2025 9 a.m. to 11:30 a.m.**



Scan the QR Code to register:

After registering, you will receive a confirmation email containing information about joining the meeting.



# In Closing

- Please visit the coalition's website:  
[www.rivcospc.org](http://www.rivcospc.org)
- Next Meeting: Wednesday April 24<sup>th</sup>, 2024,  
9 a.m. to 11:30 a.m.



- Join a subcommittee:



1. Open Camera app.
2. Scan QR code.
3. Click pop-up link.



Please complete  
our survey:



1. Open Camera app.
2. Scan QR code.
3. Click pop-up link.

