

A decorative graphic on the left side of the slide, composed of several overlapping triangles and quadrilaterals in a rainbow color palette: red, orange, yellow, green, blue, and purple.

# LGBTQIA+ 101

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# Question

This morning, I would like to pose a few questions to you all who do not identify as part of the LGBTQIA community. Please keep these questions in mind throughout this presentation.

*When did you know you were Heterosexual?*

*When did you know you were male?*

*When did you know you were female?*

# We Have Always Been Here

In The End it is a Human Struggle



# What does LGBTQIA+ Mean

## Let's Break This Down

<b>L-</b>	Lesbian	<i>Women who are attracted to their own sex</i>
<b>G-</b>	Gay	<i>Men who are attracted to their own sex</i>
<b>B-</b>	Bisexual	<i>Men or women attracted to either sex</i>
<b>T-</b>	Trans	<i>Someone whose gender differs from the sex they were assigned at birth</i>
<b>Q-</b>	Queer	<i>An umbrella term simply meaning anyone who identifies as part of the LGBTQIA+ community</i>
<b>I-</b>	Intersex	<i>Intersex: General term used for a variety of conditions in which a person is born with a reproductive or sexual anatomy that doesn't seem to fit the typical definitions of female or male.</i>
<b>A-</b>	Asexual	<i>Is the lack of sexual attraction to others or low or absent interest in or desire for sexual activity.</i>



# Sexual Orientation

Sexual Orientation refers to an individual's enduring pattern of emotional, sexual, and romantic attraction.

**Heterosexual**

**Homosexual**

**Lesbian**

**Bisexual**

**Asexual**



# Gender Identity

Gender identity is an individual's innermost concept of self as male, female, both or neither. A person's gender identity can be the same or different than one's sex assigned at birth. Here a list of gender identities.


Cisgender: Person who identifies with the sex assigned at birth.

Transgender: Person who does not identify with the sex assigned at birth.

Transsexual: Person who has had either hormone treatment and/or surgeries to align themselves with the gender they identify as.

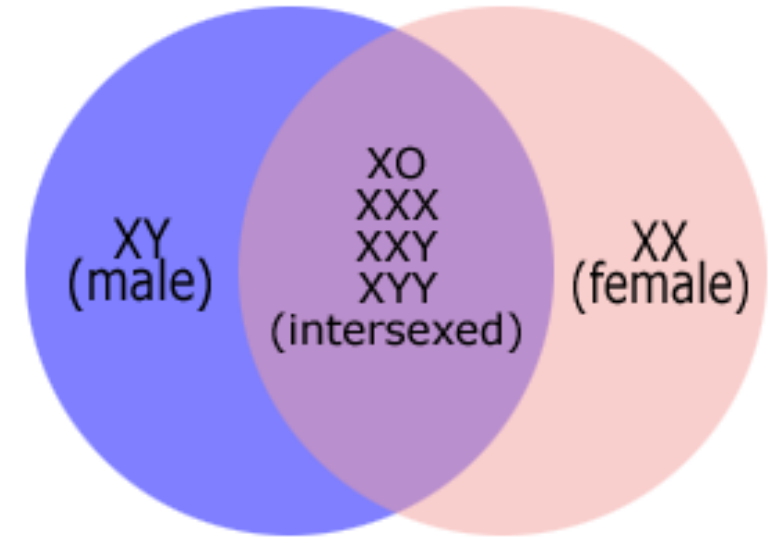
Gender Fluid: Person may at any time identify as male, female, neutrois, or any other non-binary identity, or some combination of identities. Gender which varies over time.

Gender queer: Denoting or relating to a person who does not subscribe to conventional gender distinctions but identifies with neither, both, or a combination of male and female genders.





# Intersex



Male

Female

Intersex: General term used for a variety of conditions in which a person is born with a reproductive or sexual anatomy that doesn't seem to fit the typical definitions of female or male.



# A Little More About Intersex

Being intersex is a naturally occurring variation in humans and it is not a medical problem.





# The Gender Unicorn

Graphic by:  
**TSER**  
Trans Student Educational Resources



To learn more, go to:  
[www.transstudent.org/gender](http://www.transstudent.org/gender)

Design by Landyn Pan and Anna Moore

## Gender Identity

Female / Woman / Girl  
Male / Man / Boy  
Other Gender(s)

## Gender Expression

Feminine  
Masculine  
Other

## Sex Assigned at Birth

Female Male Other/Intersex

## Physically Attracted to

Women  
Men  
Other Gender(s)

## Emotionally Attracted to

Women  
Men  
Other Gender(s)

# Pronouns



# Language is Powerful

## **Ally**

Someone who supports equal civil rights, gender equality and LGBTQ movements, and advocates for the community.

## **Androgynous**

Someone who presents as neither male or female.

## **Butch/Masculine**

Someone who's gender expression is masculine. This term can be use as a derogatory term.

## **Drag**

The act of performing a gender presenting as a different gender, usually for the purpose of entertainment.

## **Misgender, Deadname**

To refer to someone using a word or pronoun, or name that does not correctly reflect their gender identity. This is offensive and very harmful.

## **Stemme or Stem**

This is used within the Black or Latine/Latinx (gender neutral word for Latino)

## **Two Spirit**

A modern umbrella term used within indigenous communities of North America that bridges indigenous and Western understandings of gender a and sexuality.



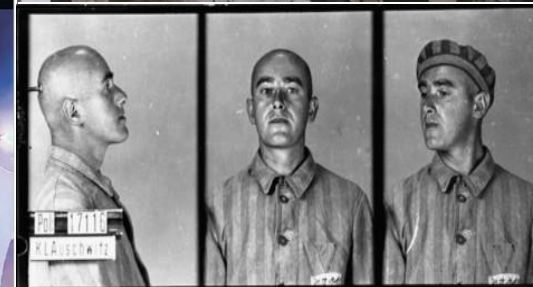
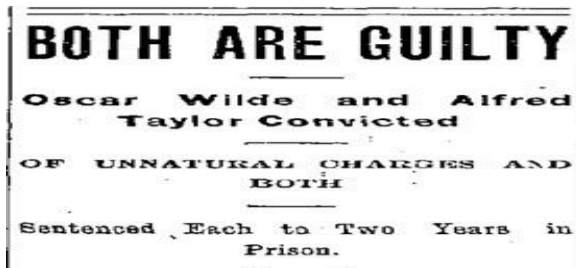
# LGBTQ Youth Population in The United States

- 3.2 million of youth aged 13 to 17 identify as LGBTQ.
- Of the 3.2 million 52% are people of color
- These numbers represent that 9.5% of the population of youth Identify as LGBTQ
- 1.4% of all youth in the US identify as trans.
- 9.2 of all youth identify as gay/lesbian/Bisexual
- 2.2% of youth identify as questioning when it comes to their sexual orientation (UCLA Williams Institute 2020)





# Historical Trauma



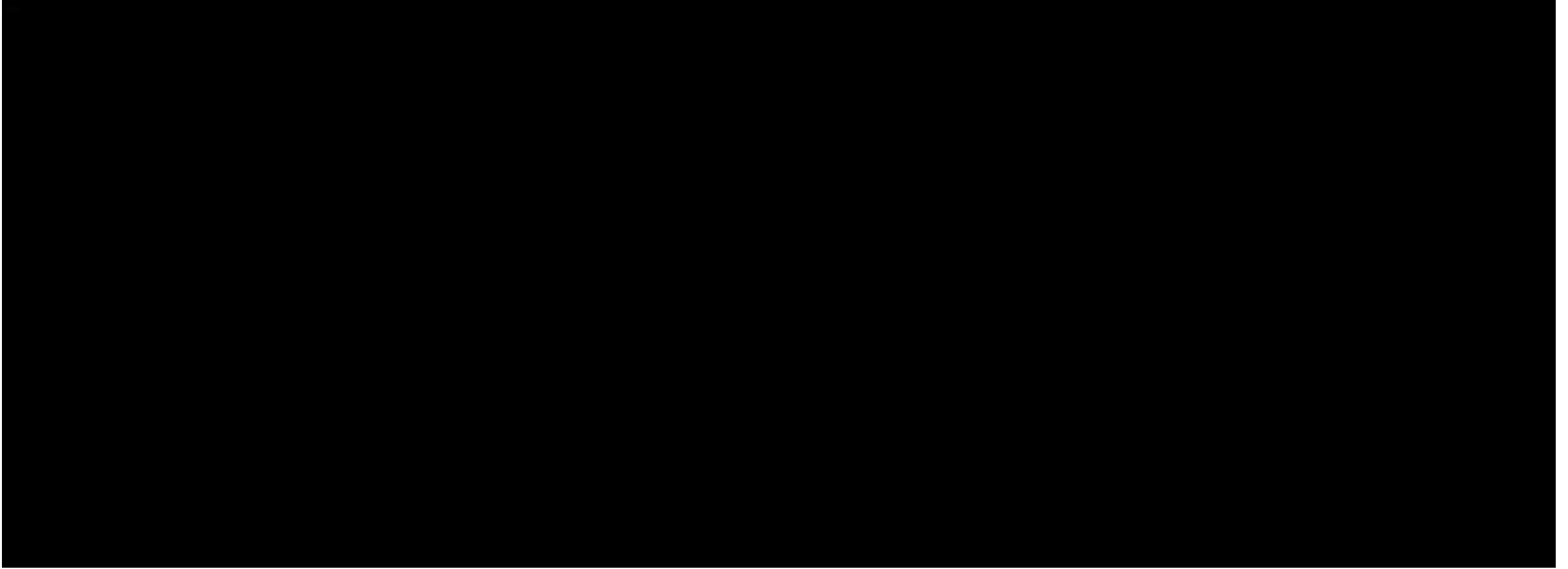
# 60 minutes the homosexual 1967







# AIDS Video



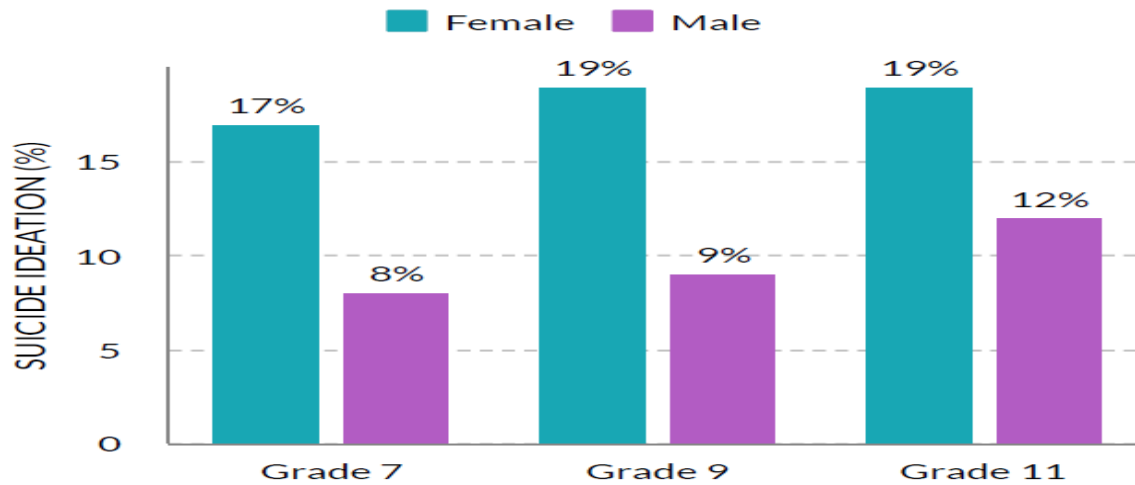
# Disparities for LGBTQ Youth

- 52% of LGB youth have been bullied
- 56% of LGBTQ youth use drugs and alcohol
- 22% of LGBTQ youth have been sexually assaulted
- 55% of LGBTQ youth are experiencing depression
- 65% of LGBTQ youth are experiencing anxiety
- Suicide is the second leading cause of death for youth. LGBTQ youth are more than 4 times as likely to attempt suicide than their heterosexual peers. 41% of LGBTQ youth considered suicide. Youth that have experienced Conversion Therapy are 2.5 times likely to have reported multiple suicide attempts in the last year.
- LGBTQ youth have a 120% higher risk of becoming unhoused. Up to 40% of the 4.2 million unhoused identify as LGBTQ in 2023. Family rejection is the most common cause of becoming unhoused.
- Those that do become unhoused have long term consequences such as increased risk of exploitation (Prostitution and sex trafficking), violence, sexual violence, and physical abuse, depression, anxiety disorder, suicide, and increased use of substances to cope. (Trevor Project 2021)

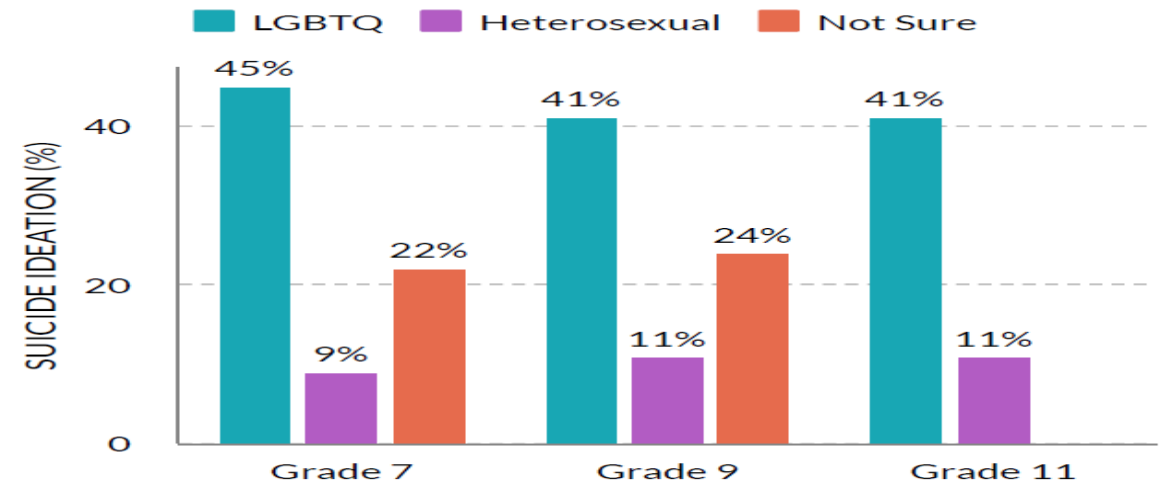
# Disparities For LGBYQ Youth For Riverside County

## SUICIDE IDEATION AMONG YOUTH (2019-2021)

**SUICIDE IDEATION BY GRADE AND SEX**



**SUICIDE IDEATION BY SEXUAL ORIENTATION**



- Thirteen percent of Grade 7, 16% of Grade 9 and 17% of Grade 11 students considered suicide in the past year.
- Higher percentage of female youth across all grades had thoughts of suicide/self-harm in the past year.
- Nearly 1 in every 2 LGBTQ youth in Grade 7 and 41% of Grade 9 and 11 youth considered suicide in the past year.



# How Does Sexual Orientation, Gender Identity, and Gender Expression Develop in Adolescents









# **Conclusion**

## **How Do We Serve This Community Better**

# Questions & answers

