PREVENTION AND EARLY INTERVENTION PRESENTS



Saving Those Who Save Others



Paul Bearce, MS, EFO, CFO

Paul has recently retired as Chief of Rio Rancho Fire Rescue after serving the community for the past 25 years.

He has always been a life-long learner and pursued training and education throughout his life, especially during his fire service tenure. He has attained a Bachelor's Degree (journalism), Paramedic Training Academy, a Master's Degree (Emergency Services Management), Executive Fire Officer, Chief Fire Officer designation, and Graduate Certificate (Disaster Mental Health). His proudest achievements include supporting behavioral health initiatives at Rio Rancho Fire Rescue throughout New Mexico, and across the country.

Paul resides in New Mexico with his wife of over 40 years. They have two sons and four grandchildren. He enjoys spending time with family, fly fishing, camping, hiking, backcountry travel, and staying active. He is also focusing on learning the importance of self-care.

To join the Coalition and our Sub-Committees workgroup, please visit: <u>www.rivcospc.org</u> VIRTUAL PRESENTATION APRIL 26TH 9:00 - 11:00 A.M.

OBJECTIVES

- Emotional and behavioral awareness
- Introduce the signs & symptoms of possible suicidal firefighters
- How to communicate with firefighters who are in an emotional crisis
- Discussion of suicide rates within the EMS and fire service
- Better understand how retirement plays a role emotionally for FFs/EMTs

TO REGISTER

bit.ly/3S6oDe6



After registering, you will receive a confirmation email and instructions on how to join.

For more information please contact: <u>pei@ruhealth.org</u> or 951-955-3448

