



Suicide Prevention Coalition QUARTERLY MEETING

#Safesocial: Social Media's
Impact on Mental Health



Wednesday
January 24th



9 to 11:30 a.m.



To learn more about the SPC or to join
please scan the QR code or visit
www.rivcospc.org

SPEAKER

Bailey Parnell

Bailey Parnell is a world-renowned speaker, a pioneer in the field of digital well-being, and the Founder and CEO of SkillsCamp, a soft skills development company. She was named one of Canada's Top 100 Most Powerful Women at 22. Over 4 million people have seen her TED talk about social media and mental health.

Register in advance for this meeting:

https://bit.ly/SPCmeeting1_24

After registering, you will receive a confirmation email
containing information about joining the meeting.

Quarterly meetings will be held via Zoom and recorded.

