

Suicide Prevention Coalition QUARTERLY MEETING

#Safesocial: Social Media's Impact on Mental Health



Wednesday January 24th



9 to 11:30 a.m.

To learn more about the SPC or to join please scan the QR code or visit <u>www.rivcospc.org</u>

SPEAKER Bailey Parnell

Bailey Parnell is a world-renowned speaker, a pioneer in the field of digital well-being, and the Founder and CEO of SkillsCamp, a soft skills development company. She was named one of Canada's Top 100 Most Powerful Women at 22. Over 4 million people have seen her TED talk about social media and mental health.

Register in advance for this meeting: https://bit.ly/SPCmeeting1_24

After registering, you will receive a confirmation email containing information about joining the meeting.

Quarterly meetings will be held via Zoom and recorded.



If you speak another language, language assistance services, free of charge, are available to you. Call 1-951-486-4320 (TTY: 711). Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-951-486-4320 (TTY: 711).