



Riverside County Suicide Prevention Coalition **Postvention Sub-Committee Meeting Minutes**

January 24th, 2022
10:00 AM – 12:00 PM

In Attendance:

Brenda Scott, Co-chair
Diana Gutierrez
Monique Cortes, Clerical Support

Magda Stewart
Arlene Ferrer
Valoria Jones
Allison Doubleday
Bobbi Rich
April Jones

Absent:

Frances Abalos
Jennifer Lopez
Kathy North
Sydney Thibeaux
Sandra King
Kelly Ortiz
Dana Farrell

Jasmin Rubio Vanessa
Gomez-Lee
Heather Wood
Reggie Thompkins
Carol Coyne
Joel Hernandez
Dwayne Wright
Jennifer Howarth

America Navejas
Kathryn Ross
Lisa McConnell
Donna Dahl
Laurence Gonzaga
Sean Cortes

I. Welcome & Introductions

II. Report on Follow-Ups:

• TIP Postvention Update:

- The books for the LOSS kits have been ordered and should be received sometime this week. A quantity of 500 books were ordered.
- There was an issue with the TIP logo, so a revised and finalized version of the logo has been sent to Monique.
- The resource guide is being modified and awaiting approval. Once complete, the resource guides containing countywide resources for the major cities will be printed.
- The pins that will be included in the LOSS kits will be ordered this week.

- Magda met with Jurupa Valley's city manager and assistant manager. Since they are interested, they decided to put TIP in their agenda for March. This meeting will include their council to discuss budget and how they can obtain TIP services.
- Magda has a meeting with Eastvale in February.
- Magda is hoping to get contracts with the Palm Dessert Station and the city of Riverside. An initial meeting was held with the sergeant and there is hope to meet with the chief of police as well as the fire chief.
- Before COVID, the city of Moreno Valley had agreed to a 3-month trial (September to December). After many follow-ups, a productive meeting was conducted and went well. A contract is most likely to be renewed.
- TIP has hired a part-time employee and is expected to start the first week of February!
- Diana joined a meeting with the coroner's office and discussed communication when suicides occur in areas that do not have a current TIP contract, to be responsive in our postvention efforts. In the same meeting, a discussion of a suicide fatality review team was conducted.
- **Bereavement Counseling:**
 - The purpose of bereavement counseling is to provide short-term complicated bereavement counseling to suicide loss survivors at zero cost.
 - Interested Individuals at RUHS's managed care group have been identified. IEHP is also interested in having its network providers also trained.
 - Diana reached out to the American Foundation of Suicide Prevention (AFSP) to discuss bereavement trainings. AFSP's maximum limit of attendees is 30.
 - Therapists would be trained on this specific complicated bereavement as it pertains to suicide loss. For those in Diana's network, she could offer funding for short-term (6-8 sessions) for loss survivors.
 - IEHP has agreed to provide their members with this benefit. If the suicide loss survivor is a member of IEHP, they would be sent to IEHP trained clinicians. If they do not have IEHP, they will be sent over to the RUHS team.
- **Survivors of Suicide Loss Peer Support Groups**
 - Brenda reached out to Kathy North but has not heard from her.
 - The best way to support survivors of suicide loss is peer support by others who have lost someone to suicide.
 - A requirement for both AFSP and Survivors of Suicide Loss (SOSL) is that individuals who volunteer must be survivors of suicide loss.
 - Our third goal in postvention work is to figure out how we find (engage/train/increase availability) healed and ready to support suicide loss survivors who are ready and willing to take on the role of supporting other suicide loss survivors through the healing process.
 - SOSL is planning on holding their Hike for Hope in March and April. They will also have their Out of Darkness walk in the Inland Empire and Temecula. The date for both walks is yet to be determined. This group could have an outreach table at these events to recruit loss survivors who may be ready to become facilitators.

III. Follow-ups:

- **Press Release**

- Once the events have confirmed dates, Diana will work with RUHS's PIO to get a press release issued out.
- Brenda and Magda will connect with Donna to draft out content for said press release.

- Bobbi has agreed to create a video about her experience/story as a suicide loss survivor. This will go out to the public to encourage participation on events and volunteers for TIP.

IV. Next Meeting:

- Monday, February 28th, 2022, at 10:00 AM – 12:00 PM

