

Riverside County Suicide Prevention Coalition

Prevention – Training 08.29.2022

3:30- -4:30 pm

Attendees

Andrea Deaton Sandy Awad Ali Al-Saadoon Nicole Watson Kayla Henry Tiffany Escorcia Kathy Cho Linda Hart Carina Gustafsson

I. Welcome & Brief Introductions

- Introduction were made by those present.
- Andrea introduced the goals of prevention Sub-Committee- Training- as a reminder.

II. Trauma-Informed System Principle for the month of August:

 Cultural Humility & Equity Andrea encouraged the attendees to take the implicit bias test to know more about themselves. The tests can be found here: <u>https://www.projectimplicit.net/</u>

III. Last Quarterly Update review

- Linda Hart shared some sad news about three suicide incidents that happened in her community and she needs help with trainings in the San Bernardino area.
- Andrea is working with Dylan and department staff to produce a video once all the information is collected.
- Linda shared some challenges as the community has no access to the training, especially Churches.

IV. Suicide Prevention Month

- Andrea shared the PEI calendar for the month of September with all the training activities that will be going on and open to the community.
- As well as the toolkits Thriving At All Ages-(General, older adult, and Thrival kits) are available upon requests to be submitted to : pei@ruhealth.org



V. Next Meeting

- September 26, 2022, 3:30 p.m. to 4:30 p.m.
- 1st Annual Suicide Prevention Coalition Summit: October 27, 2022
 @8:30 am 4:00 pm at the Riverside convention center- Registration is Open soon!









