



**Riverside County Suicide Prevention Coalition
Prevention Sub-Committee – Trainings Workgroup
11.2.2021**

In Attendance:

Andrea Deaton
Carina Gustafsson
Lynette Sullivan
Mirna Gomez

Minutes

I. Reviewing the suicidal crisis path

- Trainings is placed under Prevention in the path but really interacts with all components of the path and the other sub committees.
- Shift subcommittee focus: What kind of a plan can be created to become the subject matter experts on training for other subcommittees?
 - Identifying target communities and offering targeted trainings
 - Divide into three different categories: consumers, providers and other (non clinicians that work with consumers) and offer targeted trainings for each.
 - Offering gatekeeper trainings to groups that have been identified as gatekeepers such as pharmacists

II. What kinds of trainings would be helpful for clinicians that they do not already have?

- Something that can help differentiate between intent in children.
- Tools to help have honest conversations with clients
- Reprogram clinicians to change the way they respond to someone who says they are thinking about suicide. Helping them feel more comfortable in the other options that are available other than calling the crisis response team.
- Offering more suicide trainings to clinicians more often and look into the quality of trainings that clinicians are currently attending outside of what is now being offered internally.

III. Training Plan



- Riverside Community College staff are currently getting Know the Signs trainings from PEI and WET and would like to provide an ASIST training to their staff soon.
- Andrea and Mirna will put together a list of the trainings that are currently being offered
- As they are found, more trainings will be added. The goal is to find as many trainings as possible that vary in platform and length to offer as many options as possible.

IV. Final thoughts

- Spend time figuring out who falls into the “other” categories and how to target them and train those in these groups.
- School admin are some of the hardest people to train because they are so worried about risk and liability, this is something to consider when training/ reaching out to this group.
- If anyone outside of the county would be a good resource or member for the subcommittee, they will be invited to our meetings.

V. Next Meeting:

- **Monday, December 27th , 2021 3:30pm - 4:30pm**