



Riverside County Suicide Prevention Coalition
Prevention Sub-committee / Breakout Session

Wednesday, December 9, 2020

Minutes

In Attendance: (20)

Chair: Kathleen Sarmiento, Riverside USD
Chair: Matthew Fraley, Riverside USD
Chair: Stephanie Lasseigne, IEHP
Chair: Tishani Finnikin, IEHP
Liaison: Andrea Deaton, RUHS-BH
Admin Support: Melissa Jacks, RUHS-BH
Admin Support: Katie Vazquez, RUHS-BH
Alexxis Acosta, Intern IEHP
Alyse Michaelis, Reach Out
Benita Ramsey, BRMG
Carina Gustafsson, RUHS-BH
Cherylyn Klemens, RUHS-BH
Cynthia Hwang, RUHS-BH
Jessica Oaks, Hemet USD
Linda Hart, AAMHC
Lynnette Navarro Sullivan, Moreno Valley College
Magda Stewart, TIP
Maria Martha Moreno, RUHS-BH
Michelle Martinez, VA Loma Linda
William Harris, RUHS-BH

Absent: (33)

Alejandra Perez, TrueCare
Angel Fajardo, IE Immigrant Youth Collective
Angelina Coe, Shelter from the Storm
Anita Shirley, CNUUSD
Berenice Zuniga, Sigma Beta Xi
Bettye Turner-January, BRAAF
Catherine Wuertz, Desert Sands USD
Charlene Younggren



Absent Continued:

Curley Palmer, RUHS-BH
Erika Munoz, RUHS-BH
Estee Song, APCTC
Jason Ordonio
John Simmons, Hemet USD
Julisa Alvizo-Silva, RUHS-PH
Kami Winston, RUHS-BH
Lauren Bagwell, Hemet USD
Lisa Roybal, VA Loma Linda
Lisa McConnell, Riverside Sheriff's Department
Lisa Tangler, TIP
Lora Rodriguez, Palo Verde USD
Matthew Smith, TIP
Melissa Coriz, RUHS-BH
Melissa Vasquez, RUHS-BH
Mercedes Sapien, RCC
Michelle McCarthy, Project 99
Misty Kerrigan, Oak Grove Center
Nicole Henderson, Banning USD
Nicole Watson, Operation SafeHouse
Rachel Angel, Palo Verde USD
Rainbow Marler, Operation SafeHouse
Rosalba Campos, City of Indio
Sherri Suhlig, Hemet USD
Susan Fleming, Palo Verde USD

I. Introductions

- Each member in attendance briefly introduced themselves; first and last name and the organization/agency they currently work with.

II. Discussion regarding splitting the sub-committee into two work groups; Trainings & Schools

- Chairs announced that the prevention sub-committee would be splitting into two workgroups to allow for individualized focus on each strategic approach of sub-committee: Trainings & Engaging Schools.
- Sub-committee members were asked to provide their preference of sub-committee selection in chat box of meeting; Melissa Jacks will email requesting workgroup preference for remaining committee members. Responses due by Friday, December 18. If no response is given, you will be automatically placed in one of the workgroups.



III. Goals & Objectives for sub-committee workgroups discussion

- Stephanie asked committee members to share what ideas they had for objectives and action items for the subcommittee
- The following is a list of items that were shared:
 - Resources –
 - Share resources for suicide prevention
 - Create culturally relevant information when linking resources and materials
 - Provide representation in materials and resources shared
 - Share inclusive resources for leaders and individuals and individuals within the religious community
 - Provide relevant / present day/ relatable material
 - promote resources
 - make all materials and resources accessible to adults and teens
 - create assessable /relatable content to all age groups, ability, and demographics that are gender neutral
 - Engage youth through peer-to-peer communication as form of prevention to increase engagement. (Engaging schools work group: Get schools and teens onboard to help those who are struggling with suicidal ideation and connect them to resources.
 - Increase personal and external knowledge in suicide prevention
 - Educate community with emphasis on self-love and care.
 - Bring awareness to suicide prevention, educate, encourage asking for help, and reduce the negative stigma
 - Support and encourage accessing help and treatment for all.
- Objectives, action plan, decision on which objectives should be primary focus, and conversation surrounding tying action items to the Strategic Approach detailed in Suicide Prevention Strategic Plan will continue at later date.

IV. Discussion: What made you interested in volunteering for the prevention committee

- Committee members took turns sharing their reason for joining the committee

V. Invitation to join

- If you know anyone who would like to join the Prevention sub-committee or the Suicide Prevention Coalition, please have them email Melissa Jacks (MJacks@ruhealth.org) and she will reach out to them as well as placing them on the email distribution list.
- Faith-based representation was noted to be missing from the sub-committee; members will reach out and invite faith-based leaders to join upcoming meetings.

VI. Next Meeting:

- Engaging Schools Wednesday, January 13, 2021 from 3:00 p.m. – 4:30 p.m.
- Trainings Wednesday, January 20th 2021 from 3:00 p.m. – 4:30 p.m.