

# Riverside County Suicide Prevention Coalition Engaging School Sub-Committee Meeting Minutes

Date: 08.16.2022 Time: 3:00- 4:30 pm

## **Attendance:**

Dr.Jason Jones Andrea Deaton Sandy Awad Cherylyn Klemens Nicole Watson Sophie Munoz Yaneisy Escalante

#### I. Introduction & Welcome

## **Connection Before Content; (Name, Organization, and Once upon the time)**

Dr.Jones Introduced Himself and let the attendees introduce themselves.

## II. Objectives

- Clarify our purpose as Subcommittee
  - Dr.Jones Shared the Engaging Schools Strategic Plan;
    - State Focus:
      - ✓ Increase connectedness between people, family members, and community
      - ✓ Increase the use of best practices for reporting of Suicide and promoter healthy use of social media and technology.
      - ✓ Increase detection and screening to connect people to services.

#### o County Focus:

- ✓ Universal
- ✓ Selective
- ✓ Indicated

## Engaging Schools Sub-Committee Objectives

- ✓ Standardize Policies and curriculum to promote school Connectedness and address suicide risk.
- ✓ Implement programs that foster social and emotional Growth.
- ✓ Develop and implement standardized suicide risk assessment tools and prevention plans.
- ✓ Assist schools with the implementation of research-based trauma-Informed practices.

## Reflect prior year's successes and challenges;

♣ Dr. Jones opened a discussion about if (were or were not) previously involved in this

work, what have you seen as a barrier or strength regarding suicide prevention?

- o Attendees shared their experiences about the barrier they faced:
  - ✓ Different communities' people do not have access to.
  - ✓ The topic of conversation (Suicide) itself, is neglected.
  - ✓ The Staff are few compared with the number of students.
- o Also they shared about Successes:
  - ✓ The SPARE document is a powerful tool.
  - ✓ During the pandemic it has been a Renewal focus on mental health inside the schools.
  - ✓ Number of students who got engaged in training was fascinating.

#### • Plan for Suicide Prevention Month.

- September 10, is World Suicide Prevention Day, and November 19 is the international survivor day from suicide loss.
- ♣ Dr. Jones Suggested having QPR Training and Know the Signs Training during the month of September.
- ♣ Dr. Jones shared an electronic newsletter created by his organization, which could be implemented for the Engaging School Sub-Committee during the month of September to connect people to our resources and to offer training through it.
- ♣ Andrea Announced that will be an ASIST Training held in Rustin conference Center on Sep 20<sup>th</sup> &21<sup>st</sup>, open to the community, with no cost.
- ♣ Nicole Watson and Operation SafeHouse are invited to a Peace From Chaos event in the City of Blythe to honor the life of a young man who did die by suicide on September 10.
- Shout-out:
  - o August 23-27 Kindness Korner at Riverside Public Libraries.
  - o October 27, 2022 First Annual Summit for Suicide Prevention Coalition.
  - Some Useful resources;
    - √ 988 Community Partner Presentation <a href="https://www.youtube.com/watch?v=4ClPw7nbYAQ">https://www.youtube.com/watch?v=4ClPw7nbYAQ</a>
    - ✓ Bullying Prevention Conference <a href="https://www.rmccharity.org/bullying-prevention-institute/2020-virtual-conference/">https://www.rmccharity.org/bullying-prevention-institute/2020-virtual-conference/</a>
    - ✓ Anti-Bullying Institute Monthly Newsletter <a href="https://www.stopbullying.gov/">https://www.stopbullying.gov/</a>
    - ✓ PBIS training
    - ✓ <a href="https://www.pbis.org/">https://www.pbis.org/</a>

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#### III. Next Meeting

• September 6, 2022









