



Riverside County Suicide Prevention Coalition **Upstream Sub Committee Meeting Minutes**

Date 08/02/2022

Time: 9:00AM-10:30AM

Attendees:

Mary Hrinko
Christian Romero
Lynda Bailey
Rebecca Antillon
Curley Palmer
Pearl Rodriguez

- 1. Welcome**
- 2. Intro (Mary)**
- 3. Goals of the committee (Rebecca)**
- 4. June meeting minutes recap (Chris)**
- 5. Older adult focus:** 1063 people on the list that get home delivered meals in the county. We can cut down the list by age, region etc. Let's ask for a higher dollar amount and justify it using data from the numbers Mary and Lynda pull. Kits should cost around \$8-10 apiece. Maybe do it twice a year, around October and April. Review process could take 3-4 weeks before approval. Who will be receiving these kits yearly? How should we determine who gets them? Should we do follow up with the individuals who receive these kits to see the impact of them? Who would follow up with them, and what would that look like? Or maybe a continuous contact instead of an individual follow up and give them all resources afterwards. Mary will attempt to complete the application and submit it before our next meeting. (August 29th) Taylor take 30 presentations for the older population.
- 6. Youth Focus:** Work with Rise to conduct trauma informed care and resilience presentations to the general community and that would be our Suicide prevention week activity. Work on sample Flyers to look over on the 29th. (Go Over Dear Me Submissions)
- 7. Action Items:** Becky will get back to Lynda on Rise presentation dates for general presentation For SP week.
- 8. Next Meeting, August 29th @ 9am**
- 9.**