



Riverside County Suicide Prevention Coalition

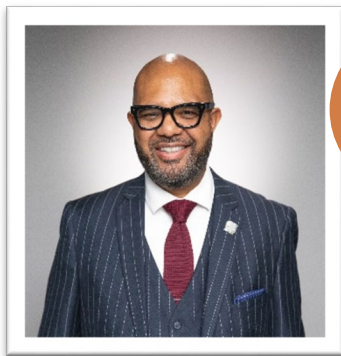
Sub-Committee Quarterly Report

July 27, 2022

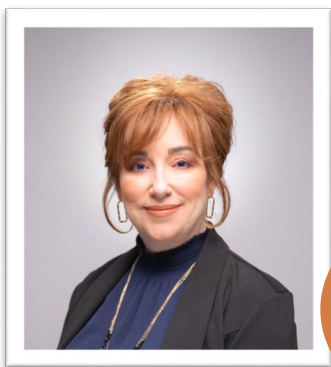
Prevention – Engaging Schools Sub-Committee Quarterly Meeting Updates

Regularly Scheduled Meetings: 1 st Tuesdays, 3:00pm-4:30pm	
Sub-Committee Goal(s):	Standardize policies and curriculum to promote connectedness and address suicide risk.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Implement programs that foster social emotional growth. 2. Develop and implement standardized suicide risk assessment tools and prevention plans. <p style="margin-left: 20px;">Assist schools with the implementation of trauma-informed practices.</p>
Community Partners Needed:	School admin, school psychologists, clinicians, and students.
Priority Activities:	Establish list of resources and agencies to assist school districts with determining options for supports in their schools. Recruit admin, school psychologists, and clinicians within the school system to attend meetings.

Sub-Committee Co-Chairs:



Dr. Jason
Jones



Kathy
King



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Effective Messaging Sub-Committee Quarterly Meeting Updates	
Regularly Scheduled Meetings: 2 nd Wednesdays, 10:00am-11:00am.	
Sub-Committee Goal(s):	Increase safe reporting of suicide and healthy social media use.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Increase safe reporting of suicide 2. Increase healthy social media use 3. Partner with members of media to provide information about resources 4. Integrate best practices into public campaigns and communication strategies about suicide.
Last Quarter's Actions:	Supported the development of 988 Stakeholders Presentation and key messaging around 988 transition in Riverside County
Community Partners Needed:	City PIOs; School District PIOs; University (marketing) groups
Priority Activities this Quarter:	<ul style="list-style-type: none"> • Assist other sub-committees with development of their materials to provide feedback on safe messaging and best practices. • Connecting with PIOs in the community and hosting PIO workshops. • Meet with partners from Cal-Trans, City of Corona to discuss and execute next steps in getting suicide/crisis signage for Corona interchange ordered. • Continue consultations regarding SPC Website Development

Measuring and Sharing Outcomes	
Regularly Scheduled Meetings: 3 rd Thursdays, 9:00am-10:00am.	
Sub-Committee Goal(s):	Advance data monitoring and evaluation
Sub-Committee Objective(s):	1. Partner with coroners and medical examiners to develop a method for accessing data for improved suicide prevention strategies
Last Quarter's Actions:	Created 1 st draft of local data brief.
Community Partners Needed:	Follow-up with current members; School and community partners; Coroner's Office Partners with public health and sheriff department. Medical Center collaboration
Priority Activities this Quarter:	<ul style="list-style-type: none"> • Review draft of local data brief with sub-committee members. • Survey sub-committees about data needs. • Continue working with Coalition leadership and the Coroner's office to build a suicide fatality review team.



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Upstream	
Regularly Scheduled Meetings 1 st Tuesdays 9:00am-10:30am	
Sub-Committee Goal(s):	Increase connectedness between people, family members, and community. Increase resiliency and help-seeking.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Increase services focused on fostering a sense of belonging. 2. Promote a culture free of stigma and discrimination. Integrate activities into community-based services that increase life skills. 3. Expand services to increase help-seeking behaviors and promote messages of resiliency, recovery and hope.
Last Quarter's Actions:	Committee has completed a draft of the Coalition's request for funding application to purchase supplies for wellness kits for homebound seniors.
Community Partners Needed:	Schools, Faith-based organizations, community groups, senior centers, older adult service agencies.
Priority Activities this Quarter:	<ul style="list-style-type: none"> • Submit an application to the Coalition for one time funding to promote wellness/kindness kits for home bound seniors. • Engage with youth to encourage intergenerational connectivity and resilience building. • Review Directing Change submissions and outline a dissemination plan to schools.

Prevention - Trainings Sub-Committee Quarterly Meeting Updates	
Regularly Scheduled Meetings: 4 th Mondays, 3:30pm-4:30pm	
Sub-Committee Goal(s):	Increase detection and screening to connect people to services based on suicide risk.
Sub-Committee Objective(s):	Trainings to increase effectiveness of suicide risk screenings, assessments and trauma-informed practices. Trainings to support identification and intervention to effective care.
Last Quarter's Actions:	<ul style="list-style-type: none"> • Scheduled AFSP Talk Saves Lives training for Suicide Prevention month in September.
Community Partners Needed:	Postvention sub-committee; referrals from current attendees, reaching out to original list of folks interested/attending meetings.
Priority Activities this Quarter:	<ul style="list-style-type: none"> • Increase knowledge and awareness of available trainings. • Work on creating PSAs targeted to at risk populations to help create awareness of available trainings in the County. • Work with Coalition leadership to bring El Rotofolio T4T to RivCo • Work with Coalition leadership to host a training for clinicians around supporting suicide loss survivors.



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Prevention – Higher Education	
Regularly Scheduled Meetings: 4 th Mondays, 9:00am-10:00am	
Sub-Committee Goal(s):	Standardize policies and curriculum to promote connectedness and address suicide risk.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Increase education and awareness regarding mental illness and suicide amongst college students and staff. 2. Assist schools with the implementation of trauma-informed practices. 3. Promote increased help seeking behaviors amongst college youth.
Last Quarter's Actions:	<ul style="list-style-type: none"> • The committee has shared efforts for suicide prevention week and summer events at each campus. Committee members are also sharing any upcoming trainings they are hosting to further expand training opportunities for their students, staff and faculty. • We have incorporated self-care activities and strategies during our monthly call.
Community Partners Needed:	Leadership from each university focused on providing mental health services at the university (e.g. counseling departments) to help support mental health efforts.
Priority Activities this Quarter:	<ul style="list-style-type: none"> • Tailoring examples used in Know the Signs trainings to college students, staff, and faculty. • Develop standardized suicide prevention and mental health awareness events and activities on each college campus. • The committee will work together to disseminate mental health education and resources to their campus. This includes trainings.

• ***How can other sub-committees potentially help you in your efforts?***

The sub-committee is interested in tailoring county trainings by including college student examples and resources offered at each campus. In addition, the committee would like to conduct pre and post surveys to assess if this effort was effective. Thus, working with the measuring & sharing outcomes subcommittee would be extremely helpful

• ***What additional supports or resources may be needed?***

Continued EBP training offered to staff including trainee and interns. Community partner trainings and presentations offered to all Riverside County Community Colleges.



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Intervention Sub-Committee Quarterly Meeting Updates

Regularly Scheduled Meetings: 3 rd Wednesdays, 1:00pm-2:30pm	
Sub-Committee Goal(s):	Deliver a continuum of crisis services across the county and evaluate crisis services to identify gaps in care. Create safe environments by reducing access to lethal means and develop professional competence to reduce risk and promote community safety.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Improve transition in care of consumers following a hospitalization or a consumer/family contact with crisis system of care. 2. Develop relationships with community partners that are willing to work with the committee to reduce access to lethal means to improve community safety. 3. Develop a recommendation for countywide best practice professional trainings on means safety and consumer care for the consumer with suicidal ideation.
Last Quarter's Actions:	<ul style="list-style-type: none"> • Members have visited gun shops. Committee member produced starter items to begin conversation. Sent material to Coalition Leadership and Safe Messaging Sub-Committee. • Members have participated in Gate Keeper and practitioner trainings.
Community Partners Needed:	More school and RUHS-BH partnering agency representation. Development of RUHS-BH representation on the Sub-Committee
Priority Activities:	<ul style="list-style-type: none"> • Final development of survey that addresses knowledge base of current staff as well as develop interest in Sub-committee participation. • Submit application for one-time funding from Coalition to print and distribute flyers to crisis services and programs. Request feedback on effectiveness and pursue improvement. • Develop tools for distribution for September Suicide Prevention Month Initiative. • Determine recommended Gate Keeper training and Practitioner trainings. Establish percentage goals for partnering agency trainings for these recommended initial trainings.

• **What additional supports or resources may be needed?**

Additional funding may be needed for the letter and other material that is in development for gun shop owners.



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Postvention Sub-Committee Quarterly Meeting Updates	
Regularly Scheduled Meetings: 4 th Mondays, 10am-12pm	
Sub-Committee Goal(s):	Expand support and services following a suicide loss.
Sub-Committee Objective(s):	<ol style="list-style-type: none"> 1. Develop and implement postvention team(s) to coordinate effective response at various levels and across multiple settings 2. Implement and expand survivor's support groups into systems of care to address immediate, delayed, and ongoing supports. 3. Provide trainings to clinical staff on complicated grief and bereavement to better serve suicide loss survivors.
Last Quarter's Actions:	<ul style="list-style-type: none"> • TIP has had 2 trainings thus far to recruit volunteers and has had discussions in the Desert region with a variety of cities and law enforcement agencies • Made contact with local reporter in Hemet San Jacinto Valley and Peer Support supervisor to discuss the need for TIP volunteers and SOSL support group facilitators • Began development of flyer for youth support/resources and Survivors of Suicide Loss (SOSL) support group for youth
Community Partners Needed:	AFSP, SOSL for Facilitator Training, IEHP,
Priority Activities:	<ul style="list-style-type: none"> • Continue to promote TIP trainings to potential volunteers in the County concentrating on Desert Region • Determine September Suicide Prevention Month activities • Will distribute youth flier when completed. • Recruit volunteers for TIP and Survivors of Suicide Loss Facilitators. Determine date and time for training of facilitators with SOSL leader Michele Madden. • Work with Coalition leadership to schedule suicide bereavement training for therapists

• ***How can other sub-committees potentially help you in your efforts?***

Recruiting Suicide Loss Facilitators for support groups in Riv County, Recruiting TIP volunteers in Riverside County

• ***What additional supports or resources may be needed?***

TIP is working on expanding their contract to other parts of the County. Desert Region is a large focus currently. Contacts with City Councils in Desert Region.